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EVERY MAN
HIS OWN
PHYSICIAN.

BEING,
A complete Collection of efficacious and
APPROVED REMEDIES,
For every DISEASE incident to the
HUMAN BODY.

WITH
Plain Instructions for their common Use.
Necessary to be had in all families, particularly
those residing in the Country.

By JOHN THEOBALD, M. D.
Author of MEDULLA MEDICINÆ.
Compiled at the command of his Royal
Highness the Duke of CUMBERLAND.

*Diseases are cured, not by eloquence, but by remedies, so that
if a person without any learning be well acquainted with
those remedies that have been discovered by practice, he
will be a much greater physician than one who has culti-
vated his talent in speaking without experience.*

C E L S U S.

The THIRD EDITION, with great
ADDITIONS and IMPROVEMENTS.

L O N D O N:
Printed and sold by W. GRIFFIN, in FETTER-LANE,
MDCCLXIV.

[Price Eighteen-pence.]

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BY JOHN THEOPHILUS, M.D.
Author of *Materia Medica*, &c.
(Employed at the command of his Royal
Highness the Duke of Cornwall).

IN TWO VOLUMES, THE FIRST CONTAINING
THE THEORY AND PRACTICE OF PHYSIC,
AND THE SECOND THE HISTORY AND TREATMENT
OF THE SEVERAL DISEASES.
LONDON:
Printed by J. B. Smith, in Pall-mall.

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P R E F A C E.

ALTHOUGH publishers of receipts have been always very numerous, yet it has so happened, that the least able have hitherto undertaken this task, as the most easy and likely to answer any mercenary views; which seems to have been the reason, that more able persons have neglected it as an under part of their profession. Nevertheless, I have persuaded myself, that I should perform a work, neither entirely void of use, nor foreign to the duties of my profession, if I made the public partakers of the principal helps against most diseases, which I had either learned by long experience, or selected from the writings of the most eminent physicians. As these receipts are published chiefly for the use of persons residing in the country, whose convenience or abilities, will not allow of the attendance of a physician or apothecary, I have studied plainness in my stile, and in my directions, with regard to the treatment of diseases, that I might render this treatise as useful as possible.

J. THEOBALD.

P R E F A C E

TO THE

SECOND EDITION.

THE favourable reception this work has met with, as is sufficiently shewn by the remarkable quick sale of the first large impression, has induced the editor (to support the credit of what is really beneficial to the public, and add weight to the receipts) to publish the authorities from whence those receipts were taken; and to make it still more useful, has added the signs of diseases, and some plain and concise directions for bleeding: he begs leave to remark, that although Dr. Theobald has given no more than one receipt for the cure of several disorders, yet he has been careful to select such, *only*, as upon a long experience were found to be the best; and that although receipts are given for diseases which are seldom cured, (as the apoplexy, consumption, &c.) yet if it is in the power of medicine to remove any of these complaints, there is the greatest reason to imagine, that the remedies directed in this pamphlet will effect a cure.

THE EDITOR.

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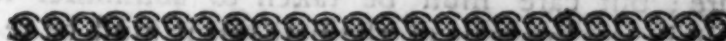


Every Man his own Phyfician.



ACHES AND PAINS.

RUB a little Opodeldoch upon the part affected, two or three times a day, and wear a flannel upon it. HEISTER.



AFTER-PAINS.

Take one scruple of Sperma-Ceti, five grains of volatile salt of Hartshorn, five drops of balsam of Peru, and half a drachm of Venice treacle; mix them into a bolus, with as much syrup of White Poppies as is sufficient to make a Bolus; to be repeated every six hours till the pains abate. Cover the woman up warm and let her drink plentifully of caudle. HEISTER.



AGUE, or INTERMITTING FEVER.

Signs of.

A violent head-ach, a weariness of the limbs, a pain in the loins, a coldness of the external parts,

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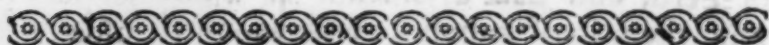
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a shivering and shaking, sometimes so much as to make the very bed shake under them; a great thirst and burning heat, and frequent inclination to vomit. Afterwards the symptoms begin to abate, the skin becomes moist, the urine is of a flame colour, but without a sediment, and a sweat breaking out terminates the fit.

METHOD OF CURE..

FIRST vomit the sick person, by giving half a drachm of the powder of Ipecacoanha, and work it off with Chamomile tea; then let the sick person take the following powder:

Of the best Peruvian bark powder'd, one ounce, of Virginia Snake root, and salt, of wormwood, each one drachm; mix these well together, and divide them into eight doses, one paper to be taken every two hours in a glass of red wine or any other liquid. This is a certain and infallible cure; but care must be taken to administer it only in the intervals of the fits; but it must be repeated for two or three days, about ten days after the first cure, or else the disorder will frequently return. In obstinate cases, removing into a drier air has been found of great service. HUXHAM.



SAINT ANTHONY's FIRE.

Signs of.

This disease affects every part of the body, but most frequently the face, and it happens at all times of the year. But whatever part is affected, a chilliness and shivering generally attend the disorder, with great thirst, restlessness, and other signs of a fever; the face swells of a sudden, with great pain and redness, and abundance of small pimples appear, which often rise up into small blisters, and
spread

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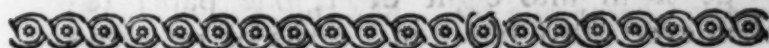
spread over the forehead and head, the eyes being quite closed by the largeness of the swelling. This, in the country, is usually called a Blast.

METHOD OF CURE.

LET the sick person loose eight or ten ounces of blood, and repeat the bleeding more than once if the symptoms run high, and apply to the part a pultice of white bread and milk; with a little Hogs Lard in it; let the pultice be changed twice in a day, and every other morning take the following purge, till the disorder is cured, viz.

Glauber's salt one ounce, Manna half an ounce, mix and dissolve it in warm water for one dose.

The diet in this disease must be very low, chiefly Water Gruel, or at most weak broth; all strong liquors must be avoided as poison. SHARP.



A P P O P L E X Y.

The immediate preceeding Signs are,

Trembling, staggering, a giddiness in the head, dimness of sight, sleepiness, loss of memory, noise in the ears, and deep and laborious breathing. The disease itself is a total deprivation of sense and motion, except that of respiration, which is performed with difficulty, and snoring. It usually ends in a paralytic disorder, and is seldom curable, but always leaves behind it a great defect of memory, judgement and motion.

METHOD OF CURE.

CUPPING in the nape and sides of the neck is always useful, provided the scarifications are deep enough to give a free passage to the blood, stimulating clysters and warm purges are also of service, as is also the following electuary: Take half an ounce of powder'd Heath Valerian, and

one ounce and an half of conserve of Orange peel, and mix them together; the dose is the quantity of a nutmeg every four hours. Apply a strong blister to the back, the diet must be very sparing.

MEAD, SYDENHAM, and HEISTER.

APPETITE, want of.

DRINK Chamomile tea every day an hour before dinner, or take ten drops of Acid Elixir of Vitriol in a glass of water, about two hours before dinner, and about two hours after dinner every day. A gentle Puke should precede the use of these remedies, for which purpose nothing is preferable to Ipecacoanha, a scruple of which is sufficient for a dose, and should be worked off with weak Chamomile tea. MEAD.

ASTHMA OR PHTHISICK.

Signs of.

An obstructed and very laborious breathing, attended with unspeakable anxiety, and a straitness about the breast.

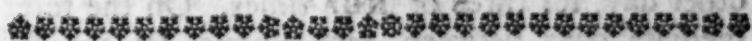
METHOD OF CURE.

DISSOLVE two drachms of Gum Ammoniacum in half a pint of Pennyroyal water, and add an ounce of Oxymel of Squills. Three large spoonfuls of this mixture may be taken frequently, or from 20 to 30 drops of the Paregoric Elixir, may be taken in Pennyroyal water, two or three times in a day. Bleeding is generally proper, as is a large blister applied to the back, and gentle vomits; the diet should be slender. Malt liquors must be avoided, being very pernicious. MEAD.

BALDNESS.

B A L D N E S S.

RUB the part frequently with an onion till it looks red.



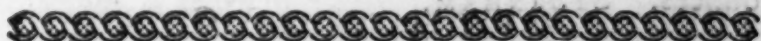
B L E E D I N G at the Nose.

APPLY to the back part and sides of the neck, a linnen cloth dipt in cold water, in which salt Prunella has been dissolved. In very obstinate cases bleeding in the foot is useful. SYDENHAM



Spitting of B L O O D.

TAKE Red rose leaves dried, half an ounce, twenty drops of oil of Vitriol, one ounce and an half of refined sugar, and pour two pints and an half of boiling water on these ingredients in an earthen vessel; let it stand to be cold, and take half a quarter of a pint frequently. In this disorder frequent bleeding in small quantities is proper, not exceeding four, or at the most six ounces at each time, according to the strength of the sick person. HOFFMAN.



B L O O D Y F L U X.

Signs of.

Generally begins with coldness and shivering, succeeded by a quick pulse, and intense thirst. The stools are greasy, and sometimes frothy, mixt with blood, with filaments intermixt which have the appearance of melted suet, and are attended with intolerable griping, and a painful descent as it were of the bowels.

METHOD

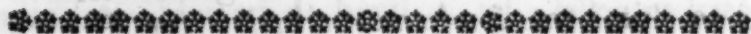
METHOD OF CURE.

BLEED first, then give the following vomit ; half a drachm of powder of Ipecacoanha, work it off with Chamomile tea, repeat this vomit every other day, for three or four times. On the intermediate days between each vomit, let the sick person take a large spoonful of the following mucilage, warm, every hour : Dissolve half an ounce of Gum Arabic, and half an ounce of Gum Tragacanth, in a pint of barley water, over a gentle fire. Clifters made of fat mutton broth are of great service, the sick person must abstain from malt, and spirituous liquors. MEAD.



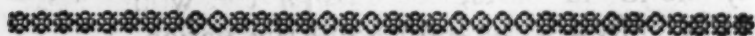
B O I L S.

APPLY a plaister of Diachylon with the gums, once every day till they are cured.



BRUISES, Internal.

TAKE a large spoonful of cold drawn Linseed oil, two or three times in a day. The patient must also be bled to the quantity of eight or ten ounces. SYDENHAM.



BRUISES, External.

Bathe the part with a little spirits of wine and Camphire, which in slight cases will effect a cure, but if that fails it will be necessary to apply a pultice of stale beer grounds, and oatmeal, with a little Hog's lard, which must be applied fresh every day till the bruise is entirely cured.

BURNS

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BURNS AND SCALDS.

TAKE May butter unsalted, and white wax, of each six ounces, oil of Olives half a pint, Lapis Calaminaris one ounce and an half; melt the wax and butter with the oil, and stir in the Lapis Calaminaris finely powder'd, till it is too hard, to let it settle. This is an excellent ointment for the above purposes, and is to be applied once a day spread on a fine linnen rag. TURNER.

C A N C E R.

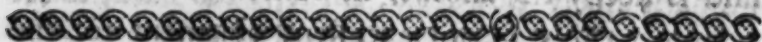
Signs of.

Begins at first with a small Tumour, about the size of a nut, which does not change the colour of the skin, and sometimes remains for several years without encreasing. But as soon as the virulent humour becomes more active, the small hard swelling becomes all of a sudden a large, round livid, unequal Tumour, and is attended with an intense shooting pain, at length it breaks, and turns into a sharp stinking sanies, which eating away the sound parts, the lips of the wound become offensive to the Sight, and the patient being worn out with intolerable pain, at last ensues death. This disorder may infect any part of the body, but most frequently the breasts, armpits, behind the ears, the lips, nose, and private parts.

METHOD OF CURE.

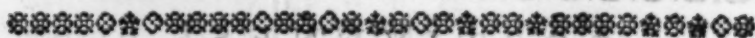
BOIL a quarter of a pound of Guaicum shavings in six pints of water, till it comes to four pints, drink a pint of this decoction twice a day, milk warm. External applications most proper, are

are pultices of white bread and milk, and fomentations of milk and water, and the cancer should be defended from the cold air, by a piece of fine linnen, on which a little of the Sperma Ceti ointment (the composition of which you will see in the appendix) is spread, and should be renewed two or three times in a day. Dr. Love of Greenock.



CHOLICK.

TAKE two ounces of Daffy's Elixir, and repeat it as occasion may require, or half a drachm of powder of Rhubarb toasted a little before the fire. QUINCEY.



CONSUMPTION.

Signs of.

A dry cough, a disposition to vomit after eating, an uneasy straitness of the breast, spitting of blood, a quickness of the pulse after meals, and flushing of the cheeks; as the disease advances, the matter brought up by the cough, if spit into the fire yields an offensive smell, if into a glass of water it sinks to the bottom, profuse night sweats, looseness, and wasting away of the whole body.

METHOD OF CURE.

A milk diet, riding on horseback, country air, and bleeding frequently in small quantities, at each time taking away not more than six ounces of blood, are the most efficacious remedies in this distemper; snails boil'd in milk have sometimes been of service, as is also the Peruvian bark, when it does not occasion a purging.

Issues or Seatons made in the side, of the parts most affected are also proper. SYDENHAM, BOERHAAVE, and PRINGLE.

been

HIS OWN PHYSICIAN.

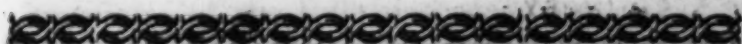
CONVULSIONS in Children.

Signs of.

The mouth is drawn awry, the eyes are distorted, and the face turns blackish, the child's fist is clenched, and the globes of the eyes seem immoveable; when these symptoms give way, the child is sleepy till another fit comes on.

METHOD OF CURE.

GIVE three or four drops of the tincture of Wood foot in a tea-spoon-full of water frequently. A blister applied to the nape of the neck is also serviceable. SYDENHAM.



COSTIVENESS.

TAKE the size of a nutmeg of Lenitive Electuary every morning, or as often as occasion requires. SHAW.



COUGH.

TAKE oil of sweet Almonds and syrup of Balsam, of each two ounces, four ounces of Barley water, and thirty drops of spirits of Sal Volatile, shake them well together, and take two large spoonfuls when the cough is troublesome: If this medicine does not remove the cough in a few days, it will be absolutely necessary to be bled. PRINGLE.



DECAYS, see CONSUMPTIONS.

C DEAFNESS.

DEAFNESS.

SYRINGE the ears well with some warm milk and oil, then take a quarter of an ounce of liquid Opodeldoch, and as much oil of Almonds, mix them well, and drop a few drops into each ear, stopping them with a little cotton or wool; repeat this every night going to rest. FOTHERGILL.

XX

DELIVERY, to promote.

DIVIDE one grain of purified Opium into two pills, to be taken one six hours after the other. MEAD.

XX

DIABETES.

Signs of.

Is an excessive discharge of urine, of the taste, smell, and colour of honey, attended with an intense thirst, and a wasting away of the whole body.

METHOD OF CURE.

TAKE of the shavings of Sassafras two ounces, Guaiacum one ounce, Liquorice root three ounces, Coriander seeds, bruised, six drachms; infuse them cold, in one gallon of Lime-water for two or three days. Dose half a pint three or four times in a day.

N. B. Lime water is made by pouring twelve pints of boiling water on a pound of unslacked lime, when it is cold it is fit for use; or four ounces of Alum Whey, (which is prepared by boiling four pints of milk over a slow fire, with three drachms of Alum, till it is turned into Whey) may be taken three times in a day. MEAD.

XXXXXXXXXXXX

DROPSY.

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DROPSY.

Signs of.

Difficulty of breathing, making very small quantities of urine, costiveness, great thirst, swelling of the feet and ancles, which when prest with the fingers will pit; swelling of the belly, and falling away of the other parts.

METHOD OF CURE.

TAKE powder of Jalap, cream of Tartar and Florentine Iris, of each a quarter of an ounce, mix them: the dose is from thirty to forty grains every other day. On the intermediate days take the quantity of a large nutmeg, every night and morning, of the following electuary: Take two drachms of powder'd Chamomile flowers, as much Ginger, and half the quantity of prepared Steel, make it into an electuary with two ounces of Conserve of Orange Peels. Dr. DOVER.



Dry BELLY-ACH, or Nervous Cholic.

Signs of.

Extreme costiveness, a most violent pain in the bowels, a coldness of the hands and feet, trembling, extreme anxiety, and a disposition to fainting, and is frequently succeeded by the palsy.

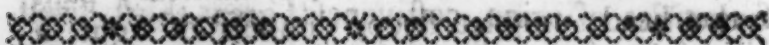
METHOD OF CURE.

GIVE frequently the following clyster; take dry'd Mallow leaves an ounce, Chamomile flowers, and sweet Fennel seeds, of each half an ounce; water, a pint; boil it for use. Take half a pint of this decoction and add two spoonfuls of sweet oil, and half an ounce of Epsom salt, mix it for a clyster to be repeated frequently. The warm bath is of the utmost service in this disorder, as is also

12 EVERY MAN 211

Balsam of Peru given inwardly from twenty to forty drops in a spoonful of powdered loaf sugar, three or four times in a day.

RIVERIUS and SYDENHAM.



E A R A C H.

THE smoke of Tobacco blown into the ear is excellent. HOFFMAN.



EXCORIATIONS in Children.

DISSOLVE a little white Vitriol in spring water, and dab the part with it, which will heal presently. HEISTER.



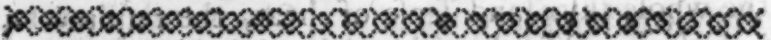
DISORDERS of the Eyes.

AN excellent Eye-water. Take two grains of sugar of Lead, dissolve in a quarter of a pint of spring water.



An OINTMENT for the Eyes.

DIP a feather in a little ointment of Tutty, and gently rub it across the eyes every night going to sleep. TURNER.



F A I N T I N G.

APPLY to the nostrils and temples, some spirits of Sal Armoniac, and give a few drops in a wine glass of water inwardly. HOFFMAN.

FALLING

FALLING SICKNESS.

Signs of.

A weariness of the whole body, an heavy pain of the head, unquiet sleep, dimness of sight, a noise in the ears, a violent palpitation of the heart, a coldness of the joints, and a sense, as it were of a cold air ascending from the extreme parts to the heart and brain, then they fall suddenly on the ground, the thumbs are shut up close in the palms of the hands, the eyes are distorted and all sensation is lost, so that by no noise, nor even pinching the body, can they be brought to themselves: they froth at the mouth.

METHOD OF CURE.

TAKE of peruvian bark powdered one ounce, of wild Valerian root half an ounce, of syrup of orange-peel a sufficient quantity, make an electuary of this, and let the patient take the quantity of a nutmeg, after proper evacuations morning and evening for three months together, and then repeat it three or four days before the new and full moon. MEAD.

F E V E R S Inflammatory.

Signs of.

The breath is very hot, and there is a dryness of the whole skin, and sense of heat, the respiration is thick, difficult and quick, the tongue is dry, yellow, parched and rough, the thirst is unquenchable, a vast anxiety, and restlessness and weariness, frequent inclinations to vomit, and sometimes lightheadiness and convulsions.

METHOD

METHOD OF CURE.

BLEED to the amount of ten or twelve ounces, vomit with half a drachm of Ipecacoanha, work it off with Chamomile tea; if costive, inject as often as occasion requires, the clyster directed under the article of the *Dry Belly-Ach*, and give inwardly the following mixture: take of salt of Wormwood half a drachm, Lemon-juice three quarters of an ounce, salt of Prunella ten grains, spring water one ounce; mix them together for one dose, and repeat it every six hours. HUXHAM.



NERVOUS FEVERS.

Signs of.

Slight chillinesses often in a day, with uncertain flushes of heat, a vast dejection and anxiety of the spirits, a giddiness and pain of the head, an inclination to yawn and doze, a dryness of the lips and tongue without any considerable thirst, the countenance heavy, pale and dejected, frequent nauseas, the urine is pale, and made often and suddenly, the pulse is low, quick and unequal.

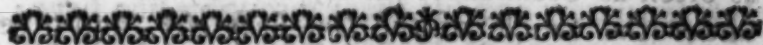
METHOD OF CURE.

A Vomit is necessary when the sickness and load of the stomach is urgent; if the body is costive, clysters of milk, sugar and salt, may be injected every second or third day. Blisters must be applied to the nape of the neck, head and legs, the sick person must be kept quiet in body and mind, opiates are commonly hurtful; a little wine may be allowed, and thin wine whey is proper for common drink. Give the following draught every six hours; take salt of hartshorn ten grains, Lemon-

HIS OWN PHYSICIAN: 15

mon-juice half an ounce, simple Mint-water one ounce and an half, compound spirits of Lavender and syrup of Saffron, of each one drachm and an half, mix them together for one dose.

HUXHAM.



PUTRID OR SPOTTED FEVERS:

Signs of.

The head aches and is hot, dull, and attended with a dejection of mind from the very beginning, a constant watchfulness, the countenance is dejected, the pulse is languid, small and low. A pain in the back and loins, a great load at the pit of the stomach, a perpetual vomiting of black bile: the thirst is commonly very great, and all drinks seem bitter and maukish: the tongue at the beginning is white, but grows daily more dark and dry, with a kind of dark bubble on the top, and livid or brown spots appear over the whole surface of the skin.

METHOD OF CURE.

GENTLE Vomits are necessary in the beginning, and if the body is too costive, a clyster of milk, sugar and salt, may be given as often as occasion requires; wine diluted with water, and acidulated with the juice of sevil oranges, may be used for common drink, and the following medicine has been found of greater efficacy in this disorder than any other.

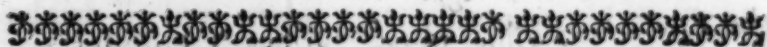
Boil three drachms of Peruvian bark in powder, and three drachms of Virginia snake-root in powder, in a pint of water, till half a pint is boiled away, then add a quarter of a pint of good red Port wine: the dose is a tea cup full every three or four hours. Dr. PRINGLE.

FISTULA.

FISTULA.

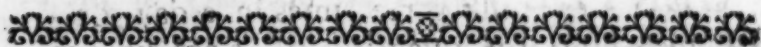
TAKE a quarter of a pound of Elecampane root, three quarters of a pound of Fennel seeds, and a quarter of a pound of Black Pepper, pound these separately and sift them through a fine sieve; take half a pound of Honey, and half a pound of powder Sugar, melt the honey and the sugar together over the fire, scumming them continually till they become bright as amber, when they are cool mix and knead them into your powder, in the form of a soft paste. The dose is the size of a nutmeg, morning, noon and night, drinking a glass of wine or water after it.

This is Dr. WARD's receipt for curing fistula's.



GIDDINESS.

TAKE twenty drops of tincture of Castor in a glass of water two or three times in a day; or from a scruple to a drachm of powder of Valerian root, three or four times in a day. MEAD.



GOUT.

Signs of.

A pain resembling that of a dislocated bone, succeeded by a chilness, shivering and slight fever, usually seizes the great toe, heel, the calf of the leg or ancle, which become so exquisitely painful as not to endure even the weight of the bed-cloths; the part looks red and is very much swelled; the urine is high coloured, and lets fall a kind of red gravelly sediment.

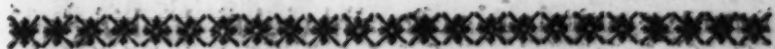
METHOD

HIS OWN PHYSICIAN. 17

METHOD OF CURE.

TAKE a tea-spoonful of Volatile tincture of Guaiacum every night going to rest, in a glass of water. Be covered warm, and drink plentifully of weak sack-whey. In the intervals of the fits, exercise, such as walking, and riding, is absolutely necessary, to prevent a return, and the duke of Portland's Gout powder, the receipt of which we have given in our Appendix, should be taken according to the directions annexed thereto.

Dr. CHEYNE.



GRAVEL AND STONE.

Signs of.

A pain in the loins, bloody urine, a numbness of the thigh or leg on the side affected, a sickness at the stomach, and frequent vomitings.

METHOD OF CURE.

TAKE one pound of Calcined oyster shells, and pour thereon twelve pints of boiling water, strain it when cold, and take half a pint mixed with a little new milk three times in a day, gradually increasing the quantity, till it amounts to four pints a day.

Dr. WHYTT, and SYDENHAM.



GREEN SICKNESS.

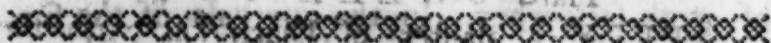
Signs of.

A pale complexion, swelling of the ancles, weariness of the whole body, difficulty of breathing, a palpitation of the heart, drowsiness, a desire of eating coals, chalk, &c. and a suppression of the monthly courses.

D METHOD.

EVERY MAN METHOD OF CURE.

TAKE thirty drops of the tincture of Black Hellebore, two or three times in a day, in a glass of water, using moderate exercise. DR. MEAD.



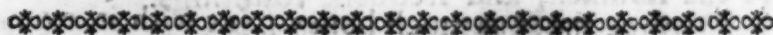
G R I P E S.

TAKE half a drachm of powder'd Rhubarb, and toast it a little before the fire, then add a little powder of Ginger to it, and mix it for one dose, to be repeated as occasion requires. RADCLIFFE.



H E A D - A C H.

APPLY Leeches behind the ears, and take twenty drops of tincture of Castor in a glass of water frequently.



H E A R T - B U R N.

TAKE a little chalk scrap'd in a glass of water, or a tea-cup full of Chamomile tea. HOFFMAN.



H Y S T E R I C S.

Signs of.

An intercepted breathing, almost to suffocation, fainting, loss of speech, great drowsiness, exceeding costiveness, and making large quantities of urine, almost as clear as water.

METHOD OF CURE.

TAKE Simple Pepper Mint water, twelve ounces, one ounce of powder'd Valerian, and half an ounce of Lavender drops, mix them together, and take three large spoonfuls two or three times
in

HIS OWN PHYSICIAN. 10

in a day; and also apply to the navel a large Galbanum plaister. HOFFMAN, and MEAD.

Hard SWELLINGS.

APPLY a plaister of Diachylon with the gums, spread thick on leather. PAREY.

H I P G O U T.

Signs of.

A violent pain in the joint of the thigh, and lower part of the loins, which sometimes reaches to the leg, and even the extremity of the foot, without any swelling or change of colour of the skin.

METHOD OF CURE.

TAKE a drachm of ætherial oil of Turpentine, with three times as much honey mixt with it, every morning, for six or seven days at farthest, drinking plentifully of warm Sack whey after it. CHEYNE.

J A U N D I C E.

Signs of.

A yellowishness of the whites of the eyes, and of the whole body, bitterness of the tongue, heaviness, and lassitude, vomiting of gall, the stools almost white, and the urine of a Saffron colour, tinging linnen dipt therein yellow.

METHOD OF CURE.

TAKE Venice soap half an ounce, oil of Aniseeds sixteen drops, mix them well together, and make it into middle sized pills. The dose is three or four, two or three times in a day; if constive,

D 2

half

half a drachm of Rhubarb must be taken in the morning twice in a week. HUXHAM.

INDIGESTION.

Signs of.

Pain, and sense of weight in the stomach, attended with frequent belchings.

METHOD OF CURE.

TAKE a large spoonful of tincture of Hiera Picra every day, an hour before dinner; or from ten to twenty drops of Acid Elixir of Vitriol, in a glass of water, two or three times in a day. Pyrmont, and Spaw waters are also very efficacious in removing this complaint.

CHEYNE, and HEISTER.

INFLAMMATIONS.

TAKE away ten or twelve ounces of blood, and repeat it if necessary, give cooling purges, and apply to the part a pulvise of bread and milk, with some ointment of Elder in it. SHARP.

ITCH.

Signs of.

Watery pimples, attended with intollerable itching, between the fingers, under the hams, on the arms, and on the thighs.

METHOD OF CURE.

ANOINT the parts which break out every night with the following ointment: Take Hog's lard half a pound, flower of Brimstone and Sulphur Vivum, of each two ounces, powder'd cloves
one

HIS OWN PHYSICIAN. 21

one ounce, mix them together: Two or three weeks is as little time, as can be depended upon, and the same linnen must be wore the whole time. This is a never failing remedy.



INFLAMMATION of the BOWELS.

Signs of.

A burning pain in the belly, attended with a fever, vomiting, and frequently an obstinate costiveness.

METHOD OF CURE.

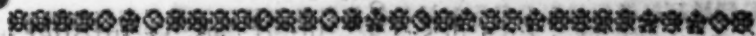
TAKE away ten ounces of blood, and repeat the bleeding according to the urgency of the complaint, give the clyster directed in our Appendix, twice every day, till the patient has had two or three stools, and to appease the pain, and stop the excessive vomiting, give ten drops of liquid Laudanum, in a little broth every six hours. The diet should consist entirely of weak broths.

Juice of Lemons taken inwardly in obstinate cases, has sometimes afforded surprising relief.

ARBUTHNOT.



INTERMITTING FEVER, see AGUE.



KING's EVIL.

Signs of.

Hard swellings in the neck, armpits, and groin, and Tumours on the joints and fingers, attended with a swelling, and a rottenness of the bones, soreness of the eye lids. In short there is no part
of

of the human body which may not be affected with tumours, abscesses, or ulcers, by this disease.

METHOD OF CURE.

TAKE a scruple of burnt Sponge, and four grains of Rhubarb, mix them together for one dose, which is to be taken every night and morning, with a draught of whey. Drinking sea-water is very efficacious in curing this disease.

Sir EDWARD HULSE.



LEPROSY.

Signs of.

Red pimples, or pustules, commonly first break out in the elbows and knees, which gradually increase in such a manner, that the whole body is covered with a leprous scurf.

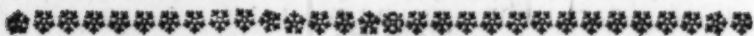
METHOD OF CURE.

TAKE sharp pointed Dock roots half a pound, Monks Rhubarb a quarter of a pound, Stick Liquorice and Coriander seeds, of each half an ounce, boil them in a gallon of spring water till it comes to three quarts, and to the strained liquor add two ounces of Diaphoretic Antimony. The dose is a pint every morning and evening.

BANYER.



LETHARGY, see APOPLEXY.



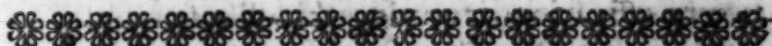
LOOSENESS.

TAKE half a drachm of Ipecacoanha for a vomit; and work it off with Chamomile tea. Abstain from malt liquors. If this does not entirely remove

HIS OWN PHYSICIAN. 23

remove the looseness, take half a drachm of powder of Rhubarb, made into a bolus, with a little Diascordium, and repeat it every day till the looseness is entirely stopped.

For common drink the sick person may take Hartshorn drink, or Rice boiled in water with a little cinnamon. TOWNE.



M A D N E S S.

Signs of.

A redness of the eyes, grinding of the teeth, strange malice to particular persons, want of sleep, ringing in the ears, incredible strength, insensibility of cold, and an excessive rage when provoked to anger.

METHOD OF CURE.

BLEEDING is useful in this disorder, and take forty drops of tincture of black Hellebore in a glass of water, two or three times in a day.
MEAD.



M E A S L E S.

Signs of.

A chiliness and shivering, which is succeeded by a fever, accompanied with great sickness. Thirst, a continual drowsiness, slight cough, and an effusion of tears, which is the most certain sign of the Measles. About the 4th day little red spots like flea bites appear over the whole body, which do not rise above the surface of the skin.

METHOD

24 **EVERY MAN**
METHOD OF CURE.

FIRST, bleed the sick person, then let him or her drink plentifully of the following decoction: take Pearl Barley, Raisins and Figs, of each two ounces, stick Liquorice bruised half an ounce; boil them in four quarts of water till it comes to two quarts, strain it for use, and add a quarter of an ounce of salt Prunella. You must purge often after this disorder, and the diet and management must be the same as in the Smallpox.

SYDENHAM.

MENSTRUAL DISCHARGE, Excessive.

Signs of.

Loss of strength and appetite, bad habit of body; fallow complexion, and swelling of the feet.

METHOD OF CURE.

BLEED according to the strength of the patient, and give thirty grains of the following powder in a glass of red Wine three times in a day: take three quarters of an ounce of Alum, and a quarter of an ounce of Dragon's blood, and mix them together. MEAD.

MENSTRUAL DISCHARGE, Suppression of.

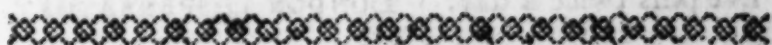
Signs of.

A swelling of the belly, pain in the loins and groin, difficulty of breathing, cold sweats, frequent faintings, and sometimes hysteric fits.

METHOD

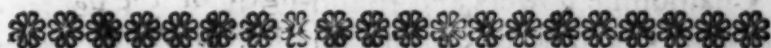
METHOD OF CURE.

USE exercise, and take the quantity of a nutmeg three times a day of this electuary: take conserve of dried Orange-peel a quarter of a pound, candied ginger half an ounce, powder of steel two ounces; mix them into the consistence of an electuary with any syrup; or a tea spoonful of tincture of black Hellebore may be taken in a glass of warm water twice in a day. MEAD.



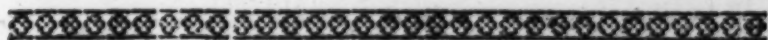
MISCARRIAGE.

TO prevent miscarriage. Bleeding is useful and necessary, about the third month of pregnancy, more, or less, according to the constitution of the woman with child. The body should also be kept open with Manna or Rhubarb, in the first months especially. HAMILTON.



NERVOUS DISORDERS.

COUNTRY air, exercise, and the cold bath, with the mixture directed under the article of *Hysterics*, will prove a certain cure for every species of these disorders. FULLER.



NOISE in the EARS.

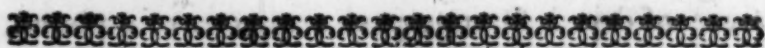
MAY be cured by the vapour of a decoction of Rosemary flowers prepared with wine, being conveyed to the ear by a funnel. HEISTER.

E

A safe

A safe OPIATE.

TAKE twenty drops of liquid laudanum in a glass of wine and water going to rest. BOERHAVE.



OBSTRUCTIONS.

TAKE species Hiera Picra half an ounce, salt of Steel one drachm, make it into pills of a moderate size, with a little syrup of Saffron: the dose is five pills twice a day. LONDON DISPENSATORY.

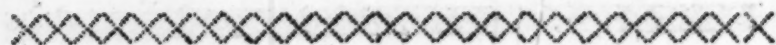


OLD ULCERS.

TAKE a quarter of a pound of Basilicon, and an ounce and an half of oil of Olives, and mix therewith half an ounce of Verdigrease; dress the sore with this ointment, spread upon a little tow, after fomenting it well, with a decoction made of Chamomile flowers and Mallow leaves. Take frequently a dose of cooling physick, and live regularly. SHARP.



PAIN in the STOMACH, see
HEART-BURN.



PAINS in the JOINTS, see
HIP GOUT.

PILES.

HIS OWN PHYSICIAN. 27

P I L E S.

Signs of.

A violent pain at the time of going to stool, the excrements streakt with blood, and small swellings like warts on the verge of the anus.

METHOD OF CURE.

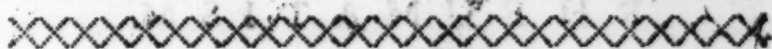
TAKE of Lenitive Electuary one ounce and an half, flour of Brimstone half an ounce, mix them together, the quantity of a nutmeg to be taken every night and morning: apply outwardly a little of this ointment, take two ounces of white Diachylon, two ounces of sweet oil, and half an ounce of vinegar, mix them together. SYDENHAM.



P A L S E Y.

BLISTERS are serviceable, and the following drops have frequently afforded great benefit: take Sal Volatile drops half an ounce, Lavender drops, and tincture of Castor, a quarter of an ounce each, mix them together: the dose is forty drops frequently in a glass of wine and water, or half a drachm of wild Valerian root in powder, may be taken three times in a day. ALLEN.

The diet should be warm and attenuating.



P L E U R I S Y.

Signs of.

A violent pain in the side accompanied with heat, thirst, and the other usual symptoms of a fever, and a troublesome cough; if the sick per-

son is bled, the blood when cold, looks like melted tallow.

METHOD OF CURE.

BLEED frequently till the pain abates, apply a blister to the side, and take half a pint of the following infusion twice a day: take fresh horse-dung six ounces, and pour on it a pint of boiling Pennyroyal water, strain it when cold, and add a quarter of an ounce of Venice treacle, mix for use.

QUINCEY.



QUINSEY or SORE-THROAT.

Signs of.

A swelling of the parts concerned in deglutition, accompanied with great pain, inflammation and a fever, so as to hinder the swallowing any solid meats, and almost stop breathing.

METHOD OF CURE.

BLEEDING is sometimes necessary, and cooling physick, but often jelly of black Currants swallowed down leisurely in small quantities, effects a cure. PHILOSOPHICAL TRANSACTIONS.



R H E U M A T I S M.

Signs of.

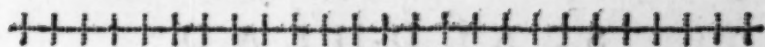
It begins with chilness and shivering, heaviness of the joints, and coldness of the extreme parts. The appetite is lost, the body is costive, and feverish, and a racking pain is felt sometimes in one part, sometimes in another,; frequently shifting from place

HIS OWN PHYSICIAN. 29

place to place, and leaving a redness and swelling in the part visited last.

METHOD OF CURE.

TAKE half a drachm of powder of gum Guaiacum in a draught of warm ale going to rest, and be covered with a larger quantity of cloaths than usual; persist in this method a few days, and you will find relief. PRINGLE.



RICKETS in CHILDREN.

Signs of.

A swelling of the belly, constant desire of sitting still, the bones are crooked, and the joints seem very large, as if knotted, the head is over large, and the child's understanding exceeds it's years.

METHOD OF CURE.

GIVE the child two grains of Ens Veneris, dissolved in a spoonful of wine and water, every night; to this must be joined cold bathing, and a strengthening diet. BOERHAVE.



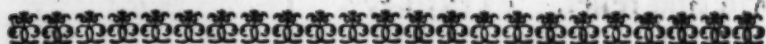
RETENTION of URINE.

TAKE a quarter of an ounce of Nitre, a drachm of Volatile salt of Amber, a quarter of an ounce of powder of egg-shells, and half an ounce of fine sugar, mix them together: the dose is as much as will lie on a shilling, two or three times a day, drinking a draught of Marshmallow tea after each dose. TURNER.

RUPTURES.

RUPTURES.

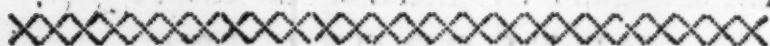
ARE cured by applying a strengthening-plaister spread on leather, (the composition of which is set down in our appendix,) and a truss, which may be had of Mr. White, Truss-maker, in Fleet-street, London.



SCALD-HEAD.

FIRST shave, then cover the head with a Pitch plaister spread on leather, and give inwardly one grain of Calomel, made into a pill, with a little conserve of roses, every night going to rest, and a dose of cooling physick twice in a week.

TURNER.

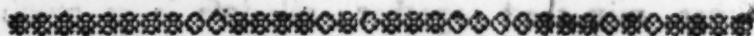


STRANGURY.

TAKE half a drachm of Camphire, a scruple of powdered Gum Arabic, liquid Laudanum five drops, with a sufficient quantity of Turpentine to make it into a bolus, to be taken night and morning, drinking a draught of Marshmallow tea after each dose. TURNER.



STITCH in the SIDE, see PLEURISY.



SCURVY.

Signs of.

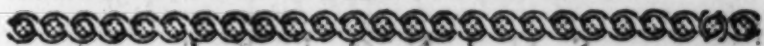
A fallow complexion, difficulty of breathing after exercise, spongy gums subject to bleed with
the

HIS OWN PHYSICIAN. 31

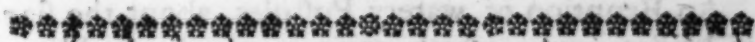
the slightest touch, frequent bleeding at the nose, a swelling of the legs, accompanied with livid spots, and unusual laziness, and pains over the whole body, resembling the rheumatism,

METHOD OF CURE.

TAKE one ounce of acid elixir of Vitriol, and one ounce of tincture of Peruvian bark, mix them together; a tea spoonful is to be taken twice in a day in a glass of water. A decoction of the tops of the spruce fir may be also taken, the quantity of half a pint, twice in a day. HEISTER.



SLOW FEVER, see NERVOUS FEVER,



S M A L L - P O X.

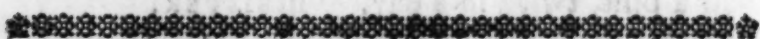
Signs of.

A chilliness, shivering, and other usual symptoms of a fever, attended with a violent pain in the head and back, and an inclination to vomit, and great propensity to sweat. In children, a dulness, and drowsiness, and sometimes epileptick fits; About the the third or fourth day, red spots about the size of a pin's head appear on the breast, face, and the whole body, which increase in size every day, till they are of the size of a large pea, and are filled with matter.

METHOD OF CURE.

THE sick person must be kept in bed, taking care to defend him or her from the inclemency of the winter, by proper means, and to moderate the excessive heat in summer by cool air, for the patient ought not to be stifled with heat and cloaths, nor should the eruption and perspiration be check'd by cold. With regard to diet it ought to

to be very slender, moistning and cooling, such as water-gruel, pippin-liquor and milk pottage; and in the beginning the best regimen is that which keeps the body open, and promotes urine, as figs, Damascene Prunes, and Tamarinds, and by giving subacid liquors for drink, as Small Beer sharpened with Orange or Lemmon-juice; whey made with apples boiled in milk, emulsions made with barley water and almonds, or Rhenish wine, plentifully lowered with water. MEAD.



S H I N G L E S.

Signs of.

An Eruption of watery Pustules, about the size of Millet seeds, which encircle the body like a belt, of an hand's breadth, and occasion an intolerable itching and soreness.

METHOD OF CURE.

TAKE two ounces of white Diachylon, two ounces of sweet Oil, and half an ounce of Vinegar, mix together for a linament, which spread on a piece of fine linnen and apply to the part affected, repeating it as occasion requires; this, with two or three doses of Glauber's salts, and a cooling and spare diet, will entirely remove this complaint.

TURNER.

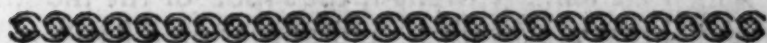


S P R A I N S.

APPLY a pultice of stale beer grounds, and oatmeal, with a little Hogs Lard, every day till the pain and swelling are abated; then apply the strengthening plaister directed in our Appendix.

STONE,

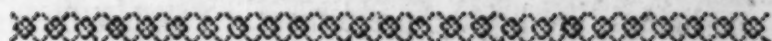
STONE, see GRAVEL.



SWEATING, Excessive.

TAKE twenty drops of acid elixir of Vitriol, in a glass of water, two or three times a day.

SHAW.



SWELL'D LEGS.

TAKE the same medicines which are advised under the article of the Dropsy.

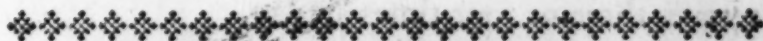


TOOTH-ACH.

THE root of Yellow water Flower de Luce rubbed on the tooth which is painful, or chewed in the mouth, in an instant, as if by a charm, drives away the pains of the teeth, arising from what cause soever. ALLEN.



THROAT SORE, see QUINSEY.



Putrid SORE THROAT.

Signs of.

A giddiness, chillness, and shivering, like that of an Ague fit, followed by an intense heat, a violent head ach, heat and soreness in the throat, stiffness of the neck, great sickness, vomiting or purging, or both; the face looks red and swelled, the eyes inflamed and watery, with restlessness, anxiety and

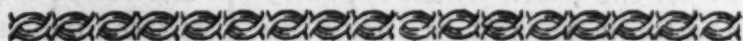
F

faintness

faintness, frequently a great number of small pimples appear on the neck, breast, and hands, which are sensibly swelled, the inside of the mouth and throat are swelled, and appear of a florid red colour, sometimes of a pale white, surrounded with red.

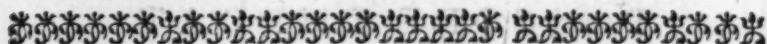
METHOD OF CURE.

ALL evacuations which lessen the strength, particularly bleeding and purging, and all cooling medicines, are highly prejudicial. The hot steam of a boiling mixture of Vinegar, Myrrh and Honey, is to be received into the throat through an inverted funnel; this cannot be used too frequently. The decoction of the Peruvian bark made by boiling an ounce of bark in a pint and a half of water, till it comes to half a pint, and adding a drachm of acid elixir of Vitrol, is the best medicine in this disorder, if given, a tea cup full, every four hours. HUXHAM and FOTHERGILL



T E T T A R S

TAKE four ounces of sweet Oil, one ounce of white Wax, one ounce of sperma Ceti, and twenty five grains of Camphor, mix them together for a liniment, with which gently touch the tettars three or four times in day.



T H I R S T, unquenchable.

A quart of water mixed with an ounce or two of White wine Vinegar will make an agreeable drink.

THRUSH:

T H R U S H.

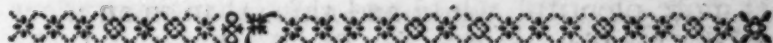
Signs of.

Little white ulcers affect the lips, gums, cheeks, tongue, palate, and the whole inside of the mouth.

METHOD OF CURE.

RUB the child's mouth with a linnen rag dipt in the following mixture: Take honey of roses an ounce, oil of Vitriol six drops, mix them together; or the child's mouth may be frequently washed with a decoction of Elm Bark.

SHAW, and ALLEN.



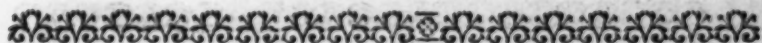
T Y M P A N Y.

Signs of.

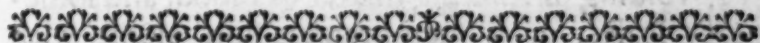
A great swelling of the belly, which being occasioned by air pent up in the cavity of the belly, gives an hollow sound when struck by the hand.

METHOD OF CURE..

THE same medicines which are directed for the Dropsy, are also of service in this disorder.



VIOLENT PAINS after DELIVERY,
see AFTER-PAINS.

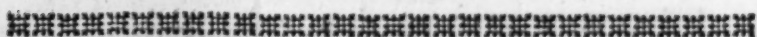


V O M I T I N G.

TAKE Mint water one ounce, Lemon-juice half an ounce, a scruple of salt of wormwood, mix them for one dose, to be repeated as occasion may require. MEAD.

ULCER of the LUNGS.

REQUIRES the same treatment as is directed under the article of Consumptions.



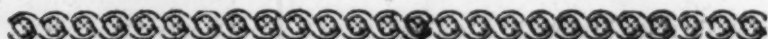
ULCER of the KIDNEYS.

Signs of.

FLESHY excrescences are voided by urine. The heat and pain in making water come by intervals, the matter that comes from the kidneys is more plentiful, white and thin, than in an ulcer of the bladder, and is not foetid, the urine looks like milk when first made; but after standing some hours, the matter separates from it, and falls to the bottom.

METHOD OF CURE.

BUTTER-milk not very sour, is extremely beneficial, as is also an emulsion made of Barley-water and sweet Almonds. Chalybeate-waters have been sometimes of service. ARBUTHNOT.



ULCER of the BLADDER.

Signs of.

A voiding of stinking matter or blood, and sometimes scales, or a membranous skin along with the urine, and a continual heat and pain in the urinary passages.

METHOD OF CURE.

THE Selters mineral water mixed with milk are excellent, as is also the constant use of Spaw-water.

HOFFMAN.

ULCER

ULCER of the WOMB.

Signs of.

A flux of purulent matter, or matter mixt with blood, which is more viscid and fætid, than the Whites, and attended with a fixed pain.

METHOD OF CURE.

AN injection, composed of Barley-water, a pint, and honey of Roses two ounces, must be used to the part affected, by the help of a syringe, several times in a day. You may add a small quantity of tincture of myrrh. ASTRUC.

WATERY GRIPES in Children.

TAKE half a drachm of Magnesia, and half a drachm of Rhubarb, mix them together, and give the child three or four grains in its pap every morning and evening. CADOGAN.

W H I T E S.

Signs of.

A flux of matter from the womb, attended with a pain and weight in the loins, loss of appetite, pale complexion, difficulty of breathing, a liableness to miscarriage, and a swelling of the eyes and feet.

METHOD OF CURE.

APPLY a large strengthening plaister to the small of the back, and take a quarter of a pint of this decoction, every night and morning: take cow's milk half a pint, and boil in it one handful
of

of Archangel flowers, and a bit of Cinnamon, strain it for use; in obstinate cases, bathing in the sea, and drinking sea-water, is far preferable to any thing else.

RUSSELL.

W I N D.

TAKE of the powder of Angelica seeds, Carraway seeds, and Parsley seeds, of each a quarter of an ounce, make them into an electuary with the syrup of Clove Gilliflowers: the dose is the quantity of a nutmeg at discretion.

HOFFMAN.

WHITE SWELLINGS of the Joints.

ANOINT the part with Barbados tar, before a good fire, two or three times in a day, covering it with a bladder, and drink half a pint of sea-water every morning fasting. GUY'S HOSPITAL.

WASTING AWAY of Children:

TAKE salt of Tartar, Nitre and Arcanum Duplicatum, of each a quarter of an ounce, Sal Armoniac three drachms, mix them together; a very little of this must be put into the child's drink, according to its age.

HEISTER.

WORMS.

W O R M S.

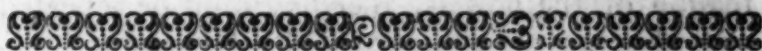
Signs of.

PALENESS of the countenance, itching of the nose, voraciousness, startings, and grinding the teeth in sleep, loosenesses, stinking breath, hard swelled belly; and sometimes epileptick fits.

M E T H O D O F C U R E.

TAKE burnt Hartshorn, and the best Scammony in powder, of each a quarter of an ounce, Calomel one drachm, powder of Tin a quarter of an ounce, mix them together, and let the child take eight or ten grains according to its age, every other morning, in a tea spoonful of roasted apple.

ALSTON.



G R E E N - W O U N D S.

DRESS them every day with yellow Basilicon spread on fine lint.

TURNER.

DIRECTIONS

DIRECTIONS concerning BLEEDING.

THOUGH Bleeding has been directed in many disorders in the course of this work ; yet as the improper use of it is attended frequently with the most fatal consequences, it has been judged necessary to bring into one point of view all those cases in which bleeding may be administered with advantage, as well as those in which it is highly prejudicial. In all inflammatory diseases, it should by no means be omitted, as in the Pleurisy, and Peripneumony, during the first days ; but so soon as the symptoms of suppuration appear, expectorating medicines are the most proper means from which to expect relief, and the use of the lancet must be totally forbid. In the Apoplexy, Epilepsy, Bloody-flux, and Inflammation of the bowels, Bleeding must be repeated according to the exigence of the symptoms : it is also useful, sometimes to promote suppuration in large abscesses, where nature is too much oppressed by the violence of the inflammation. In Inflammations of the Eyes, Bladder, or Womb, Ischiatick pains, Rheumatisms, Coughs, Head-achs, Quinsies, Asthmas, Hemorrhages, and Nephritick complaints, Bleeding is of the utmost service : but in every disorder proceeding from a relaxed state of the vessels, and impoverished state of the Blood, attended with a cachectick habit of body, such as Dropsies, Jaundice, Gout, &c. Bleeding must be abstained from with the utmost caution, as it will, instead of relieving, greatly aggravate those distempers.

APPENDIX.

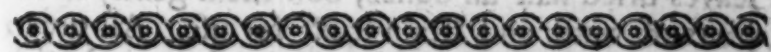
HEARTSHORN-DRINK.

TAKE burnt Heartshorn two ounces, Gum Arabic two drachms, boil them in three pints of water till one pint is wasted away, then strain it

A P P E N D I X.

A choice receipt to make OPODEDLOCH:

TAKE of Hungary water a pint, Castile soap sliced three ounces, Camphor an ounce, let them stand together in a glass closely stopped, till the Soap and Camphor are entirely dissolved in the Hungary water.



The C L Y S T E R Decoction.

TAKE of dried Mallow leaves an ounce, Chamomile flowers, and Fennel seeds, of each half an ounce, boil them in a sufficient quantity of water to strain off about half a pint, then add two ounces of sweet Oil and it is fit for use.

G HEARTSHORN-

HARTSHORN-DRINK.

TAKE burnt Hartshorn two ounces, Gum Arabic two drachms, boil them in three pints of water till one pint is wasted away, then strain it and it is fit for use.



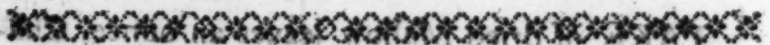
BARLEY-WATER.

TAKE two ounces of Pearl barley, and wash it well in cold water, then boil it in half a pint of water for a very little while, this water will look reddish, and is to be thrown away, then add four pints of water and boil it away to one half, the remainder is fit for use.



An Excellent FOMENTATION.

TAKE Southernwood and Wormwood dry'd, and Chamomile flowers, of each an ounce, Bay leaves dried half an ounce, boil them gently in six pints of water and strain it off for use. All green wounds, and old sores, should be fomented with this, every day before they are dressed.



The Infusion of SENNA.

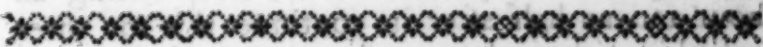
TAKE three quarters of an ounce of Senna: Cream of Tartar three drachms, Carraway seeds bruised two drachms; boil the cream of Tartar in half a pint of water till it is dissolved, then pour the boiling water upon the rest of the ingredients, and

and let it stand until it is cold, then strain it off, and it is fit for use.



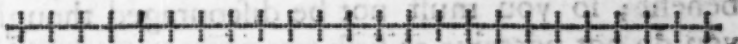
A PURGING DRAUGHT.

TAKE of the infusion of Senna as above directed, two ounces, Syrup of Buckthorn one ounce, mix them together for one dose, which may be taken in the morning fasting, three times in a week, and as it is a safe and sure purge, it may be taken in all cases where purging is proper.



A dose of Cooling Physick.

TAKE Glauber's salts an ounce, Manna half an ounce, dissolve them in a little boiling water for one dose, to be taken as often as occasion requires.



HIERA PICRA.

TAKE of Sucotrine aloes finely powdered, a quarter of a pound, Winter's bark finely powder'd, three quarters of an ounce, mix them together.



Tincture of HIERA PICRA.

STEEP an ounce of Hiera Picra, made as above directed, in a pint of Mountain wine, for a week.

week or ten days, by which time it will be fit for use.

Duke of PORTLAND's GOUT POWDER.

TAKE of Round Birthwort root and Gentian root, of the tops and leaves of Germander, Ground Pine, and Centaury : Take of all these well dried, powdered, and sifted as fine as possible, an equal quantity ; mix them well together, and take one drachm of this mixed powder every morning fasting, in a cup of wine and water, broth, tea, or any other vehicle you like best ; keep fasting an hour and an half after it, continue this for three months without interruption, then diminish the dose to three quarters of a drachm, for three months longer, then to half a drachm for six months more, taking it regularly every morning if possible. After the first year, it will be sufficient to take half a drachm every other day.

As this Medicine operates insensibly, it will take perhaps two years before you receive any great benefit ; so you must not be discouraged though you do not perceive at first any great amendment, it works slow but sure : it doth not confine the patient to any particular diet, so one lives soberly, and abstains from those meats and liquors that have always been accounted pernicious in the Gout, as Champaign, Drams, high sauces, &c.

N. B. In the Rheumatism, that is only accidental and habitual, a few of the drachm doses may do ; but if habitual, or that has been of long duration, then you may take it as for the Gout : The remedy requires patience, as it operates but slow in both distempers.

A warm

A Warm Purge, proper to be given in the
PALSY and APOPLEXY.

TAKE tincture of Hiera Picra two ounces,
syrup of Buckthorn three quarters of an ounce,
Lavender drops a quarter of an ounce; mix them
together for one dose, which may be given in the
morning fasting, twice a week, or as often as oc-
casion may require.

DAFFY's ELIXIR.

TAKE Raisins stoned four ounces, Senna
three ounces, Carraway-seeds bruised one ounce,
steep these ingredients in a quart of Brandy, for
three weeks or a month, then strain it off for use,
and keep it in a bottle close stopped.

WHITE DIACHYLON Plaister.

TAKE Litharge finely powdered a pound
and a quarter, Sweet-oil a quart, boil them to-
gether with a quart of water, till they are thorough-
ly mixed, and are of a proper consistence for a
plaister, and look quite white, if the water should
be entirely wasted away, you must add some more
to prevent its turning black.

DIACHYLON

DIACHYLON with the Gums.

TAKE three quarters of a pound of white Diachylon, two ounces of strained Galbanum, Turpentine and Frankincense, of each three quarters of an ounce; melt them together over a slow fire.

An excellent STRENGTHNING
Plaster, see page 30 and 32.

TAKE white Diachylon half a pound, Frankincense two ounces, and Dragon's Blood three quarters of an ounce; melt the Diachylon over a slow fire, and then add the other ingredients finely powdered, and mix them well together, by stirring them continually till the plaster is quite cold.

Ointment of E L D E R.

IS made, by boiling the young leaves of Elder in Mutton-suet, till they are quite crisp, and the suet is of a deep green colour.

SPERMA

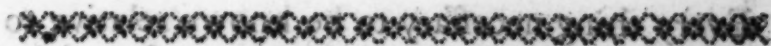
SPERMA CETI Ointment.

TAKE a quarter of a pint of the best Sallad-oil, a quarter of a pound of white Wax, and half an ounce of Sperma Ceti; melt these ingredients together, over a gentle fire, and keep them continually stirring, until the ointment is quite cold.



Ointment of MARSHMALLOWS.

TAKE half a pound of Marshmallow-roots, of Linseeds and Fænugreek-seeds, each three ounces, bruise them, and boil them half an hour gently, in a quart of water, then add two quarts of sweet Oil, and boil them together, till the water is quite wasted away, then strain off the oil, and add to the oil a pound of Bees-wax, half a pound of yellow Rozin, and two ounces of common Turpentine; melt them together over a slow fire, and keep them continually stirring, till the ointment is cold.



TURNER'S CERATE, see the article
Of BURNS and SCALDS.

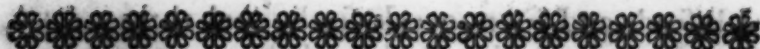
Yellow

48 APPENDIX.

Yellow BASILICON.

TAKE sweet Oil a quarter of a pint, Bees-wax, yellow Rozin, and Burgundy pitch, of each a quarter of a pound, Venice Turpentine three quarters of an ounce; mix them together over a slow fire.

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Written by the AUTHOR of this Pamphlet.

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